



100
elements

Canadore Rolls & Specialty Bread
Butter & Hummus

AMUSE

APPEZIZERS

Hot & Sour Soup

Chicken, Mushrooms, Tofu & Bamboo Shoots

Guinness Onion Soup

Dubliner Cheese Crouton

Kachumber

Indian-Style Cucumber Salad, Papadum

Ensalada Mixta

Serrano Ham, Chorizo Sausage & Red Wine Vinaigrette

SORBET

Entrées

Beef Short Ribs Birria \$50

Spicy Black Beans & Smoked Porter Sauce

Curried Chicken Kiev \$42

Squash Sag Aloo

Crispy Salmon \$45

Pickled Ginger & Spicy Sauce

Sweet & Sour Pork \$40

Green Bell Peppers & Pineapple

Macher Malaikari \$38

Cod Fillet in Coconut Milk

Wild Mushroom Risotto \$35

Chive Oil Drizzle

Seasonal Vegetables & Starch of the Day





100
ELEMENTS

Please remember this is a classroom setting.
Your unique dining experience is also a student learning environment.

DESSERTS

Biscocho Borracho "Drunken Cake"

Hazelnut Ice Cream

Baklava

Cinnamon Honey, Crème Chantilly & Seasonal Berries

Pineapple Fritters & Mini Egg Tart

Toffee Sauce

Bhapa Doi & Kesar Pista Kulfi

Steamed Yogurt Pudding, Saffron & Pistachio Ice Cream

OUR STORY

100 Elements was born out of a desire to serve the best regional foods, Canadian wines and beers, and seasonal fare. We believe food is more than just a meal... it is a culinary experience. Share your comments and rate us on Trip Advisor.

Allergy Alert

Please inform your server of any allergies.

Although we will make every attempt to prepare your food according to your restriction, we cannot make any guarantees.

